



## Klinghardt Detox Support Protocol

### Protocols

- **Coriandolo Plus** tincture – specially grown organic cilantro + 7 flower stem cell extracts: slowly titrate from 5 drops twice daily to 2 dropperfull (=30 drops) 3 times daily (t.i.d) 30 min before each meal (mobilizes toxic metals, also increases bile flow) available from [KiScience.com](http://KiScience.com)
- **Renolo** – allium ursinum, cistus incanus, 7 flower stem cell extracts (protects white and red bloodcells and nephrons from oxidative damage caused by mobilized metals) available from [KiScience.com](http://KiScience.com)
- **Polmolo** – enula root, coriandolo plant & seeds, bardana root and equiseto. 10 to 15 drops twice daily.  
Available from [KiScience.com](http://KiScience.com)
- **Binders:**
  - **Ki-Chlorella Vulgaris or Pyrenoidosa:** start with medium dose of 8 tablets (200mg each) t.i.d 5 min after taking Cilantro. Increase: during times of crisis, Herxheimer reaction or if no change is perceived. Max dose: 40 tablets. 3 times daily. Available from [KiScience.com](http://KiScience.com)
  - **Lava Vitae** (high silica Zeolite): in addition to chlorella (or instead, if chlorella is not yet tolerated): start ¼ teaspoon twice daily between meals, slowly increase to 4 times/day away from all food or vitamins. Available from [KiScience.com](http://KiScience.com)
  - **Ki Science Detox Footbath:** twice weekly for 30 minutes ([www.KiScience.com](http://www.KiScience.com)). Main metal mobilization is on day 3 after the treatment. Increase binders on that day.
  - **Crisis management** (during unpredictable waves of toxin release, “die-off” effects or “cytokine storms”):
    - step 1: increase the binders
    - step 2: check saliva (6.7) and urine pH (6.2) – consider tri-salts or sodium bicarbonate
    - step 3: Colon hydrotherapy plus sauna
    - step 4: add massage, or better, lymphatic drainage massage. Best: neural therapy (procaine injections to affected ganglia, segmental treatment of liver, small intestine and kidney)
    - step 5: parenteral treatment (if available or affordable): v. Vit C (37.5-50 grams) + alpha lipoic acid (75 mg) + glutathione (1200 mg) i.m magnesium sulf.(2.5 ml +2.5% Procaine) i.v. aminoacids